

Dear We Are Monsters performers and parents:

We are <u>so</u> excited that you're participating in this very special performance experience! You're going to learn a lot in these two weeks as we work together to create *We Are Monsters*! Every participant in this program is an important part of the team and makes a difference in what we achieve together. Keep reading for recommendations and guidelines for everyone to have a great time during our camp experience.

THE BIG PICTURE

With so much to accomplish, it's helpful to keep these "big picture" ideas in mind:

- RESPECT Respect those around you, yourself, and our shared working areas. This can make our time together *awesome* and make a safe space for everyone!
- COURAGE Our rehearsal space is a safe space to experiment, to fail, to get up and try again. We want you to try new things and put yourself out there. Be willing to take risks!
- EXCELLENCE Excellence doesn't mean perfection. It means bringing the best version of yourself into whatever you are doing.
- ENTHUSIASM If we all choose enthusiasm, we are going to have an *incredible* week! Enthusiasm is a choice. When you choose to give 100%, you encourage everyone else to do the same.
- COMMITMENT Being in a show is a LOT of work. It takes dedication and an understanding that commitment sometimes means doing hard things. It can also mean doing things that we might not normally do because it's best for the group.
- FUN! The big picture is that we are all here to enjoy our time together. to build something exciting! You'll make new friends and can learn lots of cool things about yourself if you decide to take full advantage of the educational opportunities this program offers while you're here.

HOW WE CAN ALL MAKE IT WORK BETTER

In our limited time together, there are lots of things you can do to stay healthy and successful in the coming weeks. The big three: SLEEP, WATER, NUTRITION. What you put (or don't put) into your body will show on stage in terms of energy, memory, and endurance.

The other two: TIME & ATTENTION. Rehearsal is the place where actors learn blocking, music, and interpretation by practicing with the cast. We then reinforce what you've been taught through repetition. (All the while, actors write down *everything* they're told so they can review on their own). Rehearsal <u>isn't</u> the place to learn your lines. Your job is to go home, learn your lines, and review what you've learned in rehearsal. We have a few ideas for you to have an amazing experience, stay healthy, and always be ready to rock in rehearsals - read on!





Sat June 14 10 am – 2 pm Mandatory parent meeting at 1:30 pm

Mon June 16 10 am – 2 pm Tues June 17 10 am – 2 pm 10 am – 2 pm Wed June 18 10 am – 2 pm Thur June 19 10 am – 2 pm Fri June 20 10 am - 2 pm Mon June 23 10 am – 2 pm Tues June 24 10 am – 2 pm Wed June 25 10 am – 2 pm Thur June 26 Fri June 27 10 am – 2 pm

PERFORMANCES

TVCT Fri June 27 CALL: 5 pm SHOW at 6:00 pm Sat June 28 CALL: 1 pm SHOW at 2:00 pm CALL: 5 pm SHOW at 6:00 pm

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	29	30						

- <u>DRESS 4 SUCCESS</u> It's important to wear the right shoes every day so you protect your feet and move well. We don't want those little piggies getting smooshed! Please - no bare feet, open-toed shoes, or flip flops. Wear comfortable clothes that allow you to move freely; gym or dancewear is just fine and will get the job done.
- <u>COME CLEAN</u> We'll be working in close proximity, and no one wants to be the "stinky kid." Please wear deodorant. If you worry you'll get stinky, bring an extra shirt to rehearsal.
- <u>WASH THOSE HANDS</u> Handwashing is the best way to keep everyone healthy! Use warm water and soap after using the restroom, touching objects that others have touched, eating, blowing your nose, etc. Avoid touching your face until you can wash your hands if you meet someone who is sick.
- <u>IT'LL BE HOT OUTSIDE</u> Because of the weather and all the hard work we do every day, it's VERY important to do the following:
 - Bring a backpack to store all of your supplies
 - Bring a filled water bottle every day
 - Bring a nutritious lunch and snack every day
- <u>SLEEP EIGHT</u> Your body and mind need sleep to stay healthy, focused, and energized.
- EAT HEALTHY Bring your own snacks each day. Avoid sugary snacks. Reach for fruits and veggies instead.
- <u>ALL THE WATER</u> Avoid sodas, "energy" drinks, and sugary or caffeinated beverages. We will be doing A LOT of singing and these beverages can dehydrate. Help your voice by reducing or avoiding milk, coffee, sugar, and caffeine. Try herbal teas, juice (not too much), and water instead.
- FEED THE MACHINE Limit junk food and get your exercise. Foods high in fat and sugar don't help you, but physical activity does! Activity increases your lung capacity as well as the flow of oxygen to your brain. Exercise literally makes you a superhero - smarter AND stronger!



- <u>BE ON TIME</u> We start and end on time. Make your transportation arrangements in advance.
- <u>BE THERE</u> Any cast member missing more than two (2) scheduled rehearsals may be replaced. Past experience has proven that a dedicated, hard-working cast performs better when they can rely on each other.
- <u>GET DOWN TO BIZ</u> We have limited time together to build a great show! When the directors say it's time to work, work. Socializing takes place before and after rehearsals or during breaks.
- <u>SCRIPT</u> Every person receives a script to keep, mark as you choose, and care for. It is the ONLY script you will receive. Bring it to camp every day along with a pencil for taking notes. Take it home every night to study lines and review. If you lose your script or forget to bring it, you need to get creative and solve the problem yourself. Tip: make a spare copy just in case!
- <u>CARE FOR OUR SPACES</u> We expect to leave our space every day better than we find it. Respect our space by throwing away trash, tidying where appropriate, putting things where they belong, and keep all drinks and food in their designated areas.
- <u>DEVICES</u> **Devices aren't allowed during camp**. Please turn them off and leave them with your belongings. If there is a family emergency and you need to keep your phone nearby, advise the directors, and we will hold your phone for you so you're sure to get your call quickly.
- <u>RESPECT</u> We don't know everyone in the room. Use appropriate language and be considerate in conversations.
- <u>WORK ON YOUR OWN</u> Work at home daily on learning lines and reviewing music. This allows every actor to be ready to grow and learn in rehearsal while also keeping up with everyone else. Everyone has a script that is theirs, and all song tracks will be available on the Cast & Parent Portal along with a script file. There will be voiced and accompaniment tracks.
- <u>FEELING SICK?</u> Bugs are still out there, so if you or anyone in your household is showing symptoms of being sick, please let us know, stay home, and follow CDC guidelines.

COSTUMES, PROPS, ETC

More information about these things will come out closer to the show.

- HAIR Don't cut, color, or alter your appearance without discussing changes with the directors.
- <u>COSTUMES</u> A costume memo will be handed out at the parent meeting. The basics: You'll provide a neutral base (with guidance) from your own closet. We'll provide selected accessories and costume pieces. Please don't go shopping.
- <u>PROPS</u> We will provide these for you to use during the show. Hint: A well-known theatre rule in <u>any</u> theatre company around the world We do not touch props that aren't ours.



I'M A PARENT OR GUARDIAN. WHAT ABOUT ME?

This info is specifically for YOU during the next two weeks and performances!

- <u>CLOSED REHEARSALS</u> We LOVE all the support you give your cast members, and we respectfully ask that parents and friends do <u>not</u> attend rehearsals. Our experience has shown that cast members work harder and with more focus when not distracted by family members or friends. Thank you so much for respecting this policy!
- <u>SHOW TIME!</u> On show days, please tell your family and friends to arrive about 15 minutes prior to show time, NOT 30 minutes or an hour before. We are SO excited for you to come see the show!
- <u>PARENTS W/ SPECIAL SKILLS</u> If you're a PWSS, please let us know! We will need assistance during the run of the show and front-of-house help with audience management, concessions, and donations. Please let us know if you're willing to help out, or sign up online in the Cast and Parent Portal. We are looking for at least TWO parent volunteers for each performance.
- <u>CAST & PARENT PORTAL</u> This special online page is just for you and is your first stop for all things *We Are Monsters*! Visit <u>http://www.treasurevalleychildrenstheater.com</u> and click the drop-down menu. Under <u>Perform</u>, find the <u>Cast and Parent Portal</u> link. Click the link for documents, schedules, flyers, even this letter! We also post rehearsal videos and tracks for practicing. We recommend you bookmark this site and visit it regularly during our process.

WHO DO I CALL IF ...?

Short answer - always contact the directors (JeNeale or Dianne) first.

NOTE: Texts reach us fastest so try that first. Be sure to state your and your camper's name and if you'd like a return phone call. We'll get back to you as soon as we can. We try to answer emails within 24 hours.

We are as excited as you to produce an AMAZING show during the next two weeks. Thanks for all your support!

Your production team,

JENEALE HILL

Director/Music Director 208-631-6699 jeneale.gunnell@gmail.com

DIANNE GUZZLE

Director/Choreographer 208-971-8573 dianne481618@gmail.com

ALLISON TERENZIO-MOODY

Producer/Executive Director 208-409-4229 allison@treasurevalleychildrenstheater.com



CUT OUT AND POST THESE HANDY REMINDERS!

TEXT JENEALE @ 208-631-6699						
TEXT DIANNE @ 208-971-8573						
OR JENEALE @ 208-631-6699						
TEXT or CALL ALLISON						
208-409-4229						
CAST & PARENT PORTAL treasurevalleychildrenstheater.com/perform						
Cast and Parent Portal						
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